



CONSTRUCTION MANPOWER DEVELOPMENT FOUNDATION



FACT SHEET

ONE - DAY CONSTRUCTION WORKERS' SAFETY & HEALTH ORIENTATION

Course Description:

A one-day lecture using power point presentation and actual demonstration that includes the proper use and care of various PPEs, deeper understanding of fall restraint and fall arrest system, safety measures to address the various hazards in the construction, and various project specific safety & health rules and regulations. Delivery will be mostly in Tagalog for the understanding of most workers in the project sites. It is aimed at providing awareness to participants about the hazards in the construction and the means to address it before they are deployed to their respective work area in a construction project.

Course Objectives:

At the end of the seminar, the participants shall be able to;

- Observe safety & health rules and regulation at the project site;
- Observe proper hygiene at all times;
- Use, inspect and maintain PPEs properly;
- Maintain the cleanliness and orderliness of workplace;
- Interpret safety signages;
- Perform emergency response;
- Integrate safety in each work process.

Target Participants:

- All construction workers and personnel